



PROJECT ACT

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PROJECT ACT TRAINING DESCRIPTIONS

All Project ACT trainings are hands-on and interactive. We believe active participants learn more! We encourage participants to share their thoughts, ideas, questions and experiences in order to learn from each other as they explore training materials. All of our Training Consultants are Project ACT Staff and have advanced degrees in Special Education, Early Childhood Education, Social Work and/or Counseling. Project ACT training modules are created by specialists in their respective fields. All of our trainings are approved by the Maryland State Department of Education – Office of Child Care Credentialing and provide participants with Core of Knowledge Hours.

NEW! The ABCs of XYZ: Communication Across Generations

In this training, participants will explore generational groups and learn that each group has its own distinct characteristics, values and attitudes toward work. Participants will learn the fundamental differences between the generations and which communication methods work best with each. Attendees will gain research-based guidance about communication approaches that can bridge the generation gaps. Through engaging activities and discussion, participants will learn how to effectively communicate with the different generations and styles of parents.

Core of Knowledge Area: Community (1 hour) & Professionalism (1 hour); Level: Beginner to Intermediate

ADHD I: Learning the Basics (3 hours)

This workshop will introduce participants to what Attention Deficit Hyperactivity Disorder (ADHD) really is and dispel the myths associated with the disorder. Participants will learn about possible red flags, how ADHD is diagnosed, what the latest research indicates about children with ADHD, and general teaching strategies that assist with teaching a child who has ADHD.

Core of Knowledge Area: Special Needs (3 hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Autism I: Learning the Basics (3 hours) (SA)

This training provides an overview of Autism Spectrum Disorders (ASD) and helps participants understand the complexities related to working with children with ASD. It reviews current research and types of successful intervention strategies. Participants learn practical strategies for assisting children with ASD in the classroom. **Core of Knowledge Area: Special Needs (3 hours); Level:**

Beginner

☆ *Pairs well with a Make & Take!*

Autism III: Connecting the Circle of Friends (3 hours) (SA)

This interactive training helps participants to understand the challenges children on the Autism Spectrum may face with communication, play skills and social skills. Participants will learn strategies and have a chance to practice using augmentative communication, the D.I.R. Floor Time model created by Greenspan and Wieder, and using social stories and social scripts. *Participants interested in this training should take Autism Spectrum Disorders: Learning the Basics or have prior knowledge of ASD.*

Core of Knowledge Area: Special Needs (3 hours); Level: Intermediate to Advanced

Becoming Curious: Strengthening Communication Skills (2 or 3 hours)

Early childhood educators at every level of care engage in conversations with children, families, and coworkers on a regular basis. These conversations range from funny and light to more serious or even confrontational. This training is designed to provide teachers with strategies that they can use to enhance their interactions with others. Participants will explore how curiosity plays a role in communication and will work through a series of activities designed to build curiosity in the context of communication. Recommended prerequisite: 9 Hour Communication Course.

Core of Knowledge Area 2 Hour: Professionalism (2);

Core of Knowledge Area 3 Hour: Professionalism (3); Level: Competent

Building Classroom Communities (3 hours)

This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so that everyone can learn and grow. The training explores the three major leadership styles and their impact on a classroom, and it demonstrates how to utilize essential skills for building positive relationships between all staff and children. Throughout the training, the elements of a caring classroom community are identified. It ends with practical strategies to create a personalized action plan for building a classroom community in your current classroom.

Core of Knowledge Area: Curriculum (1.5 Hour) & Community (1.5 Hour); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Building Early Literacy Through Expressive Arts (3 hours)

This training builds participants' knowledge and understanding of the ways in which the expressive arts can enhance children's literacy. Participants learn specific and practical strategies for promoting literacy skills through movement, play, music and visual arts. These strategies will assist teachers in creating learning environments which promote knowledge acquisition, creativity and positive self-esteem for all children, including those with special needs.

Core of Knowledge Area: Curriculum (2 hours) & Special Needs (1 hour); Level: Beginner to Intermediate

Creating a Social Connection: Learning to Write Social Stories to Help all Children Be Successful in a Variety of Settings (2 hours)

This interactive training will provide participants with a complete introduction to the concept of Carol Gray's Social Stories. Social stories were originally created for children with Autism Spectrum Disorder (ASD) in order to increase their ability to take in "social information," also known as pragmatics or pragmatic language. Social stories are also beneficial to all children because of their sentence structure, content and use of pictures and so participants will learn how social stories can be beneficial to all children in their care. Participants will first learn about, and then practice writing, the different types of sentences that are often included in social stories and then write a complete social story about an activity or skill that will impact a child or children in their care.

Core of Knowledge Area: Curriculum (1 hour) & Special Needs (1 hour); Level: Beginner to Advanced

Developmental Delays (2 or 3 hour)

This training provides participants with knowledge and strategies for teaching children with developmental delays. Participants review characteristics of typical child development from birth through five, discuss "red flags," developmental screening tools, developmental delays and adaptations to assist children with developmental delays. Through interactive simulations, participants will gain an understanding of the challenges children with developmental delays face and have an opportunity to develop accommodations they can utilize in their classrooms.

Core of Knowledge Area 2 hours: Child Development (1 hour) & Special Needs (1 hour);

Level: Beginner to Intermediate or

Core of Knowledge Area 3 hours: Special Needs (3 hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Developmentally Appropriate Art (3 hours)

This training teaches participants how to implement a developmentally appropriate art curriculum and how to create an environment where art is an integral part of the day. It explores visual arts, how to implement a variety of art experiences for children of all ages, and the educator's role in facilitating creative art activities and engaging children in conversations. It also provides strategies for involving parents in art activities at school and in the community.

Core of Knowledge Area: Curriculum (2 hours) & Community (1 hour); Level: Beginner to Intermediate

Developmentally Appropriate Practices (3 hours)

This interactive training provides participants with an overview of developmentally appropriate practices, as defined by the National Association for the Education of Young Children and shares practical strategies for creating inviting environments for infants, toddlers, and preschoolers. Learning centers are an effective way to create an ideal classroom environment. Participants will learn how to use classroom learning centers and have opportunities to teach each other about these areas. This training provides many tips for creating fun and engaging learning opportunities for children.

Core of Knowledge Area: Curriculum (3 hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Developmentally Appropriate Practice for School Age Children (3 hours) (SA)

This interactive training provides participants with an overview of developmentally appropriate practices, as defined by the National Association for the Education of Young Children and shares practical strategies for creating a curriculum for school age and mixed age groups of children of all developmental ages and stages. Participants will learn how to implement individualized lessons that employ developmentally appropriate practices. This training provides many tips for creating fun and engaging learning opportunities for children. Setting up learning/interest areas appropriate and engaging for school age children and mixed age groups will be shared. Turn any type of area from a classroom to a cafeteria into an engaging age appropriate environment.

Core of Knowledge Area: Curriculum (3 hours); Level: Beginner to Intermediate

Encouraging Healthy Social Emotional Development in the Young Child Ages 0- 3 (2 hours)

This training will increase participants' knowledge of healthy social and emotional development in young children ages, birth through three years old. Participants will be able to define social development, emotional development and attachment. Beginning in 3 month blocks, participants will learn the different developmental expectations of infants and toddlers as well as activities targeted to increase their social and emotional development. Through activities and case scenarios, participants will gain insight in the best uses of positive discipline, communicating with families and creating an infant/toddler classroom environment.

Core of Knowledge Area: Child Development (2 hour) Level: Intermediate

☆ *Pairs well with a Make & Take!*

Encouraging Healthy Social Emotional Development in the Young Child Ages 0-5 (3 Hours)

This training will increase participants' knowledge of healthy social and emotional development in early childhood. Participants will gain an overview of healthy development, ways to recognize major milestones, "red flags" which may indicate possible delays, and strategies to use to promote social and emotional competencies in children ages birth through five.

Core of Knowledge Area 3 hours: Child Development (1 hour) & Special Needs (2 hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Encouraging Healthy Social Emotional Development in the Young Child Ages 3-5 (2 Hour)

This training will increase participants' knowledge of healthy social and emotional development in early childhood. Through research highlighting the importance of social emotional development for children's academic success, participants will gain an overview of healthy development, ways to recognize major milestones, "red flags" which may indicate possible delays, and strategies to use to promote social and emotional competencies in children ages three to five.

Core of Knowledge Area 2 hours: Child Development (1 hour) & Special Needs (1 hour);

Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Enhancing Rituals and Routines (3 Hours)

This workshop focuses on why rituals and routines are important and shares new ideas for enhancing or extending what educators do to encourage children's growth and development, connect with families, and highlight the unique aspects of their program. Participants will have opportunities to share ideas, try strategies, and learn new techniques for helping children with separations and transitions, enriching group times, providing adaptations for children who need assistance, and transforming everyday routines into learning opportunities.

Core of Knowledge Area 3 hours: Curriculum (3 hours); Level: Intermediate

☆ *Pairs well with a Make & Take!*

The Essence of Language: Appreciating the Importance of Language Development for Children Birth - 5 Years (3 hours)

This training provides participants with an overview of children's typical language development from birth through five, possible "red flags" for language delays and how to assist English Language Learners. Through interactive activities, reviews of research and video, participants share their expertise and gain a comprehensive knowledge of language development and how to assist all children in improving their communication skills.

Core of Knowledge Area: Child Development (1.5 hours) & Special Needs (1.5 hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Establishing a Positive Approach to Address Challenging Behaviors (4 hours)

This interactive training is a comprehensive look at positive ways to approach challenging behaviors in the classroom. Part one explores the attitudes and strategies necessary to create a positive environment for children. Part two explores steps teachers should follow to create effective behavior plans. Both parts must be taken to successfully complete the course and receive a training certificate. Participants will leave this training with several strategies they can choose to implement immediately in their educational setting.

Core of Knowledge Area: Curriculum (2 hours) Child Development (1 hour) & Special Needs (1 hour); Level: Intermediate to Advanced

☆ *Pairs well with a Make & Take!*

Express Yourself! Discovering How to Extend Children's Natural Forms of Self Expression to Promote Early Literacy Skills (2 hours)

In this highly interactive training, participants will learn more about extending children's natural forms of self expression in three main areas; music and movement, artwork and storytelling. In each of these three areas, the literacy skills that children are acquiring or practicing will be discussed and by participating in a few activities, the audience will have an opportunity to see first-hand how these three areas naturally develop in children and how they also greatly enhance reading readiness.

Core of Knowledge Area: Curriculum (2 hours); Level: Intermediate to Advanced

☆ *Pairs well with a Make & Take!*

Fit From the Start (3 hours)

In this interactive training, participants will learn the definition of obesity and the factors that are leading to a rise in the obesity rates of children (and adolescents). Participants will discover strategies to utilize in their child care setting and curriculum to encourage healthy eating habits and movement activities for all young children.

Core of Knowledge Area: Curriculum (1.5 hour) and Health, Safety & Nutrition (1.5 hour); Level: Beginner to Advanced

From Stress to Resiliency: Why Children Struggle and Helping Them Succeed (3 Hours)

During this workshop, participants will examine social emotional competence and how it impacts school readiness. The Mariposa approach begins with the understanding that the high level of stress with which children live today present not only serious issues with respect to their behavior and academic achievement, but undermine their general health and ability to function. This training provides an overview of current theory and research explaining why children struggle and how to help them succeed in today's world. Research has shown that a substantive, caring relationship with an adult is a child's best protection against the negative effects of high levels of ongoing stress. It is also the key to helping a child develop the social-emotional competency needed to succeed in school and in life.

Core of Knowledge Area: Curriculum (2 hours) and Special Needs (1 Hour); Level: Intermediate

Fun with Feelings: Activities that Promote Emotional Intelligence (2 or 3 hours)

During this training, participants will learn strategies and "fun" activities to assist preschool and school aged children in exploring their feelings for the purpose of promoting Emotional Intelligence. Participants will learn about the connection between Multiple Intelligences and Emotional Intelligence. Participants will explore sample "feeling stations," and learn about potential "red flag" behaviors in children that may need to be addressed by a mental health professional.

Core of Core of Knowledge Area 2 hours: Child Development (1 hour) & Special Needs (1 hour); Level: Beginner to Intermediate

Core of Knowledge Area 3 hours: Child Development (1.5 hour) & Special Needs (1.5 hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

How to Cope with Bullying Behaviors (2 hours) (SA)

In this training, participants will learn to identify the causes and signs of bullying behavior in children as well as understand the reasons why some children have bullying behaviors. Through movie clips and group participation, participants will receive working strategies for handling both bullies and their victims in order to provide a safe learning environment for all children. **Core of Knowledge Area: Health, Safety and Nutrition (2 hours); Level: Beginner to Intermediate**

How to Create a Meaningful Lesson Plan (2 hours)

Lesson plans support the goals and objectives that you set for the children. Writing plans that focus on all areas of the curriculum and changes to the environment will assist in planning and implementing for the group as well as differentiated instruction. The inclusion of assessment on your plans will also help to support documentation of children's growth and development. **Core of Knowledge Area: Curriculum (2 hours); Level: Beginner to Intermediate**

Including All Children and the American's With Disabilities Act (ADA) (3 Hours)

This workshop will provide participants with an understanding of the requirements for ADA and inclusionary practices. Participants will leave with a better understanding of best practices and available resources. This training *will* meet the 3 hour training requirement for MSDE. **Core of Knowledge Area: Special Needs (3 hours); Level: Beginner to Advanced**

☆ *Pairs well with a Make & Take!*

Introduction to Inclusion: Educating All Children Together (3 hours) (SA)

In this interactive training, participants will learn about including children with special needs in their child care. The civil rights laws that protect persons with disabilities will be reviewed and participants will learn what these laws require of child care settings. Participants will become familiar with ideas to utilize when adapting their learning environment to accommodate children of varying abilities and will understand how these accommodations benefit all children and families. **Core of Knowledge Area: Special Needs (2 hours) & Professionalism (1 hour); Level: Beginner to Intermediate**

☆ *Pairs well with a Make & Take!*

I Won't and You Can't Make Me (3 hours)

In this highly informative training, participants will be exposed to the differences in processing skills in children who display **oppositional and explosive behaviors**. The collaborative problem-solving approach developed by Drs. Ross Green and J. Stuart Ablon will be explained and participants will gain strategies to use in their early childhood setting to understand and support very challenging behaviors. This training includes 3 different vignettes to allow participants to use the collaborative problem-solving approach in a practical way. ** It is suggested that participants first take one of our other behavior trainings, Take a Step Back (2 hour) or Using a Positive Approach to Address Challenging Behaviors (3 hour) before taking this training.*

Core of Knowledge Area 3 hours: Special Needs (3 hours); Level: Intermediate to Advanced

☆ *Pairs well with a Make & Take!*

Keys to Inclusion and Behavior Management (2 or 3 hours)

This training addresses best practices in Early Childhood Education with regards to inclusion and behavior management. Through hands-on activities and experiences, teachers will explore and increase their familiarity with best practices, such as an engaging classroom arrangement, balanced visual schedules, effective transitions, how to best utilize classroom staff, using proactive language for behavior management, and the importance of teaching about emotions.

Core of Knowledge Area 2 hours: Curriculum (1 hour) & Special Needs (1 hour); Level: Beginner to Intermediate or Core of Knowledge Area 3 hours: Curriculum (2 hours) & Special Needs (1 hour); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Kids in Motion! Music and Movement Activities for the Whole Child (3 hours)

This highly interactive training incorporates current research and theory on the benefits of music and movement for the "whole child," including, a child's physical development as well as their social-emotional development and cognitive growth. Participants will explore how music and movement is experienced by young children of other cultures and will, through hands-on activities, explore fun, practical ways to utilize music and movement every day, throughout the day.

Core of Knowledge Area: Child Development (1 hour), Special Needs (1 hour), & Curriculum (1 hour); Level: Beginner to Advanced

Language: The Key to Literacy (3 hours)

This training showcases the importance of how strong language skills promote literacy. Through a variety of activities, participants review ways to promote language development as highlighted by key research studies. Participants will gain a thorough understanding of how language impacts literacy and how to promote learning opportunities so that all children begin school with a wealth of words.

Core of Knowledge Areas: Curriculum (2 hours) & Child Development (1 hour); Level: Beginner to Advanced

☆ *Pairs well with a Make & Take!*

Let's Talk the Talk (3 hours)

During this interactive workshop, participants will take a close look at speech and language development. Participants will understand the anatomy of speech and hearing mechanisms, the developmental progression of speech and language development, the importance of hearing on speech language development, the timeline for specific sound development and the process of learning English as a second language. Participants will have an opportunity to explore strategies that are used to support the development of speech and language skills in typically developing children and ways to include children with special needs.

Core of Knowledge Areas: Child Development (3 hours); Level: Beginner to Advanced

Little Boy Blues (3 hours)

This training reviews current statistics on the struggles boys are experiencing in the United States and recent research on why boys are not doing as well as girls. Participants will be given a review of current research on gender differences in development of boys, cultural expectations and the impact of the academic focus of preschool and child care programs. In addition, strategies to address the findings are also presented.

Core of Knowledge Areas: Child Development (2 hours) Curriculum (1 hour); Level: Beginner to Advanced

NEW! Making Meaningful Connections: Building the Foundation of the Young Brain (3 Hours)

This interactive training will build participants' knowledge around how a young child's brain develops. Participants will actively engage in "building a brain", explore the importance of developing their own capacity, and learn specific strategies and interactions that grow healthy brains. After engaging with the content of this training, participants will have a better understanding of the core components used to support the growth of all learners.

Core of Knowledge Areas: Child Development (1 hour) Professionalism (1 hour) Special Needs (1 hour); Level: Intermediate

Managing Stress at Any Age (3 hours)

This training is designed to increase participants' knowledge of stress and how to manage its symptoms. This training introduces participants to "good" and "bad" stress as well as other types of stress such as acute stress and post traumatic stress disorder, and participants will learn initial signs and symptoms of each type of stress. The participants will also be able to examine the similarities and differences of stress in infants, toddlers, preschool children, school-aged children, adolescents and adults.

Core of Knowledge Areas: Health and Safety (2 hours) & Professionalism (1 hour); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Multiple Intelligences: Discovering Gifts & Empowering Children (2 or 3 hours) (SA)

This training introduces participants to the theory of Multiple Intelligences and innovative teaching ideas which will assist in making their classroom an enhanced learning environment for children of all abilities. Participants will learn to identify the unique learning strengths of children and how to apply practical strategies to promote inclusive and empowering learning opportunities for all.

Core of Knowledge Area 2 Hours: Curriculum (1 hour) & Special Needs (1 hour); Level: Beginner to Intermediate
Core of Knowledge Area 3 Hours: Curriculum (1 hour) & Special Needs (2 hour); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Now, Doesn't That Make Sense (2 hours)

This training introduces the participant to sensory processing dysfunction and sensory integration disorder and provides many easy-to-use strategies to implement in your classroom setting to address various sensory needs for all children.

Core of Knowledge Area : Special Needs (2 hours); Level: Intermediate to Advanced;

☆ *Pairs well with a Make & Take!*

Outdoor Learning Opportunities: Bringing the Classroom Outdoors (2 or 3 hours)

Throughout this advanced training, participants will discuss in depth the importance of outdoor play for young children. Participants will also discuss research that indicates the reasons why children are not being encouraged to play outdoors as much as in the past. Through large and small group discussion, pictures and descriptive outdoor play scenarios, participants will be exposed to many innovative ideas to bring the indoor classroom environment outdoors including such ideas as dramatic arts, visual arts, musical opportunities, nature journaling and planting a garden. Participants will also be introduced to the Preschool Outdoor Environment Measurement Scale (POEMS) which was designed as an assessment tool for those seeking ideas for high-quality outdoor learning environments.

Core of Knowledge Area 2 Hours: Curriculum (1 hour) Health, Safety and Nutrition (1 Hour); Level; Advanced . Core of Knowledge Area 3 Hours: Child Development (1 hour), Curriculum (1 hour) Health, Safety and Nutrition (1 Hour); Level: Advanced

NEW! The Possibility of Discovery: Using Loose Parts to Enhance Children's Learning

Play is how the brain learns best. In this training, participants will discover new ways to enhance children's learning by adding loose parts to their play. We will use interactive games and activities to explore open ended play and its benefits. Participants will learn about how to choose and source loose parts to add to their environments. Participants will discover how play with loose parts supports children's development across domains and how to use this approach to include and support children with special needs.

Core of Knowledge Area: Child Development (1 hour), Curriculum (1 hour) & Special Needs (1 hour); Level: Competent

Promoting Resiliency in Early Childhood- Revised (2 hours)

From this training, participants gain an understanding of resiliency, and the important role attachment plays in helping children. Participants will learn factors that contribute to the formation of attachment relationships and discover intervention strategies that can be used to promote resiliency in children.

Core of Knowledge Area: Child Development (2 hours); Level: Beginner

Put on Your Thinking Cap: Executive Functions of the Mind in Early Childhood (3 hours)

Do you have children in your classroom who grab toys from their peers or have difficulty cleaning up their play areas? This training uses current research and interactive activities to increase the participant's knowledge of the executive functions of the brain, which encompass skills such as impulse control, transitioning between activities, and following directions. Participants will explore the role that these cognitive processes play in self regulation, which is the number one factor linked to kindergarten success. During early childhood, the parts of the brain that control these functions are in a critical stage of development. Participants will learn strategies to promote the development of executive functions and self regulation skills in the early childhood classroom.

Core of Knowledge Area: Child Development (3 hours); Level: Intermediate to Advanced

NEW! Redesign Your Circle Time

Through engaging discussions, hands-on activities, and thoughtful self-reflection, participants will explore developmentally appropriate best practices regarding Circle Time. How can you shift your focus to social/emotional development? Do children have to sit crisscross applesauce in order to learn? Do you have to do weather and calendar during Circle Time? Find out these answers and more!

Core of Knowledge Area: Special Needs (1 hour) & Curriculum (2 hours); Level: Beginner to Intermediate

NEW! Simple Sign Language

In this training, participants will learn about American Sign Language and how the use of multiple modes of communication can benefit all learners. Through fun and engaging activities, participants will learn 20 simple signs that are useful in an early childhood setting. Using current research and a variety of resources, this training will discuss how using sign in the early childhood classroom supports children with special needs. Participants will learn strategies for teaching signs to young children and engaging families.

Core of Knowledge Area: Special Needs (2 hours); Level: Beginner to Intermediate

Sensory Sensitivity (3 hours) (SA)

This training provides participants with an understanding of sensory integration, sensory integration dysfunction, and how sensory issues can impact children with autism spectrum disorders. It discusses ways to include 'sensory diets' and sensory activities that assist children with Autism Spectrum Disorders (ASD) to be successful in their learning environments.

Participants interested in this training should take Autism Spectrum Disorders: Learning the Basics or have prior knowledge of ASD.

Core of Knowledge Area 3 hours: Special Needs (1.5 hours) & Curriculum (1.5 hour); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

Setting up For Success: Adapting Environments to Promote Inclusive Practices (3 hours) (SA)

This interactive training will build participants knowledge and understand of the importance of making accommodations to create more inclusive environments. This training will also provide participants with appropriate strategies and suggestions for providing appropriate and reasonable accommodations for ensuring successful inclusion of children with special needs with their typically developing peers.

Core of Knowledge Area: Special Needs (1.5 Hours) & Curriculum (1.5 Hours); Level: Intermediate to Advanced

☆ *Pairs well with a Make & Take!*

Social Inclusion: Playing Learning & Growing Together (3 hours) (SA)

This training will focus on building participants knowledge concerning the appropriate ways to strengthen social relationships among children and youth. This trainings emphasis is particularly on those individuals with special needs who lack close, positive peer associations and the ways in which educators can assist all students with providing social support to students of all abilities.

Core of Knowledge Area: Special Needs (1.5 Hours) & Curriculum (1.5 Hours); Level: Intermediate to Advanced

NEW! Strategies in The Classroom Environment: Applied Behavior Analysis in Action (3 hours)

This training introduces the concept of applied behavior analysis (ABA) and identifies how ABA can be used as a teaching method in early childhood education to help increase skills or decrease challenging behaviors. Through interactive activities, teachers will learn a variety of strategies that will to support children's distinctive personality, behavior style, and temperament by adapting their classroom or learning environment in ways that will meet the needs of all children.

Core of Knowledge Area: Special Needs (2 hours) & Child Development (1 hour); Level: Intermediate to Advanced

Teaching Problem Solving Throughout the Day (3 hours)

During this interactive training, participants will learn through group activities and video vignettes, the importance of being intentional when teaching children how to problem solve. Participants will also study the effects of understanding how to problem solve on social and emotional development and the overall effects on academic success. This training will also build participants knowledge base on the process of the problem solving steps and how to teach these steps to children.

Core of Knowledge Area: Child Development (3 Hours); Level: Beginner to Intermediate

☆ *Pairs well with a Make & Take!*

NEW! Take a Step Back: The Importance of Behavioral Observation

Observation is the key to changing children's behaviors. Hands-on activities will allow providers to identify the function of behavior and strategies to help change the behaviors.

Core of Knowledge Area: Child Development (1 Hour) & Special Needs (1 Hour); Level: Intermediate

Traumatic Events: Helping Our Children Cope During and After a Crisis (3 hours)

This informative and interactive training provides an understanding of personal/family, community and global traumatic events as well as how such events may possibly affect children in their development. Practical strategies are provided focusing on ways to help children feel safe,

empowered, and eager to engage in regular activities. **It is recommended that participants take "Promoting Resiliency in Early Childhood" prior to receiving this training.**

**Core of Knowledge Area: Health, Safety and Nutrition (2 hours) & Special Needs (1 hour);
Level: Intermediate to Advanced**

NEW! Treat Yourself: Self Care Strategies for the ECE Professional (2 hours or 3 hours)

This training addresses the importance of self-care for teachers and administrators. Through self-reflective, hands-on activities and experiences, teachers will explore and increase their familiarity with best practices in self-care, including breathing techniques, using mantras, getting enough rest, and feeling gratitude. Providers and administrators will create a plan to increase the use of self-care strategies in their program.

Core of Knowledge Area: Special Needs (1 hour) & Professionalism (1 hour)

**Core of Knowledge Area: Special Needs (1 hour) & Professionalism (2 hours); Level:
Beginner**

☆ *Pairs well with a Make & Take!*

Understanding Linguistic and Cultural Diversity and Language Acquisition (2 hours)

This training explores best practices for working with children who are English Language Learners to help them be successful participants in their preschool setting, while supporting their ability to learn English. Participants will learn the stages of second language acquisition and ways to help support children as they move through each phase. Participants will also learn a variety of strategies for supporting children in the classroom and working with families to create a successful learning environment.

**Core of Knowledge Area: Special Needs (1 hour) & Child Development (1 hour); Level:
Beginner to Advanced**

Understanding Learning Disabilities (3 hours) (SA)

During this training, participants will gain knowledge of different types of learning disabilities. Through simulations and video clips, participants will explore the challenges of having a learning disability and how frustrating it can be for a child. This presentation will highlight some of the red flags in young children that might lead to a later diagnosis of a learning disability; and highlight teaching strategies and specific accommodations that meet the needs of all children, especially those children with learning disabilities.

Core of Knowledge Area: Special Needs (3 hours); Level: Beginner to Intermediate

Understanding Oppositional Defiant Disorder: An ODD Experience! (3 hours) (SA)

This training introduces participants to Oppositional Defiant Disorder (ODD). Participants will understand the possible causes of ODD and the common behavioral characteristics that often accompany this disorder. Through interactive discussions and video clips, participants receive insight into the thought processes of a child with ODD. This training discusses recommendations for managing the behaviors of children with ODD as well as guided role playing scenarios for reducing oppositional behaviors in the classroom.

Core of Knowledge Area: Special Needs (3 hours); Level: Beginner to Intermediate

Understanding Temperament: Implications for Working with Young Children (3 hours)

In this training, participants will learn the definition of temperament and its nine traits, the three main types of temperament and the term, 'goodness of fit.' Through partner discussions, chart activities and case scenarios, participants will actively investigate the best ways to create an

environment that will allow for differences in temperament. Temperament as it relates to children with special needs will be explored along with strategies to encourage peer-modeling and the building of social skills.

Core of Knowledge Area 3 hours: Child Development (2 hours) & Special Needs (1 hour); Level: Intermediate

NEW! Universal Design for Learning with Infants and Toddlers (3 hours)

UDL is used to meet the needs of diverse learners. In this training, participants will gain an understanding of how UDL applies to our youngest learners. They will learn strategies to purposefully plan for and include all infants and toddlers.

Core of Knowledge Area: Curriculum (1.5 hour) and Special Needs (1.5 hours); Level: Intermediate

Using a Positive Approach to Address Challenging Behaviors (3 hours)

This interactive training will define the term, "behavior" and discuss the four main motivators for behaviors. This training will engage participants to discover how to redirect and shape behavior while encouraging positive social and emotional skill-building in children. Global classroom strategies will be reviewed to encourage positive behavior in all children. Participants will leave this training with several strategies they can choose to implement immediately in their educational setting.

Core of Knowledge Area: Child Development (2 hours) & Special Needs (1 hour); Level: Intermediate to Advanced

☆ *Pairs well with a Make & Take!*

Using Visual Supports to Create Inclusive Environments (3 hours)

During this training workshop participants will learn what visual supports are as well as how visual supports can be utilized in their classrooms to support an inclusive environment. This training workshop will discuss various benefits and the importance of utilizing visual supports in their classroom setting in efforts to assist children in being successful. Concluding this training, participants will be provided with simple materials to create visual supports as well as have an opportunity to complete a make and take visual supports activity.

Core of Knowledge Area: Special Needs (1 Hour) & Curriculum (2 Hours); Level: Beginner

☆ *Pairs well with a Make & Take!*

Well Said! Effective Strategies for Enhancing Communication with Families (3 hours)

In this active training, the two main types of communication used with families, verbal and non-verbal, are introduced and explored. Participants will investigate the use, as well as the misuse, of written, oral and nonverbal forms of communication with families. Strategies and techniques will be discussed that will be of great support to participants seeking innovative ways to promote positive and effective communication in their early educational setting. Strategies to enhance communication with families with limited English proficiency will also be discussed.

Core of Knowledge Area: Professionalism (2 hours) & Community (1 hour); Level: Intermediate to Advanced

Well Said 2! Effective Strategies for Enhancing Your Learning Environment to Promote Communication Skills in Young Children (3 hours)

Participants will review and discuss high-quality ways to establish a learning environment that enhances language and communication development in young children. Everything from the

physical set-up of the classroom to creative ways to extend children's unique stories will be discussed to highlight how early educators can have a significant impact on children's verbal, written and listening skills.

Core of Knowledge Area: Professionalism (2 hours) & Community (1 hour); Level: Intermediate to Advanced

Well Said 3! Innovative Strategies for Enhancing Communication with Staff, Partners and Related Children's Service Agencies (3 hours)

Participants will learn the best ways to facilitate positive communication among staff. The importance of establishing a teaching style will be discussed and ideas for teachers to implement in their practice will be reviewed. The importance of partnering with similar organizations will be outlined as well as discussing ways to remain informed with current information on related children's service agencies.

Core of Knowledge Area: Professionalism (1 hour) & Community (2 hours); Level: Intermediate to Advanced

What Should We Play With? Activities for Infants and Toddlers (3 Hours)

This training will support teachers who want to add engaging learning experiences into their daily routines. After reviewing typical development, participants will explore several best practices that lend themselves to supporting learners with varying developmental needs in infant and toddler classrooms.

Core of Knowledge Area: Child Development (2 hours) & Special Needs (1 hour); Level: Intermediate

What Should We Talk About? Best Practices in Communicating with Infants and Toddlers (3 Hours)

This training is designed to provide participants with a variety of communication tools they can embed into their daily practices to support the language development of infants and toddlers. Through a series of interactive activities, teachers will gain skills and confidence to use new skills when they return to their programs. PREREQUISITE Participants should be able to recognize and demonstrate the importance of using various techniques to develop language and communication skills with infants and toddlers.

Core of Knowledge Area: Child Development (2 hours) & Special Needs (1 hour); Level: Competent

☆ *Pairs well with a Make & Take!*

Why Play Matters (2 hours)

This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and development in children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of children.

Core of Knowledge Area: Child Development (2 Hours); Level: Beginner to intermediate

Why Play Matters (3 hours)

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discuss the various aspects of play and the roles that each type plays in the growth and development in children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of children.

Core of Knowledge Area: Child Development (3 Hours); Level: Beginner to intermediate

Maryland's Child Care Resource Network

On Track: All Aboard for Developmental Progress (4 Hours)

Join us for an overview of the developmental screening tools and the benefits of using one. A review of the MSDE/OCC regulation, effective communication with families, and the referral process will be addressed. Discuss how to choose a developmental screening tool, appropriate collection of information regarding children, and the on-going process of screening children.

Core of Knowledge Area: Child Development (2 Hours) & Professionalism (2 Hours) Level Beginner

Recognizing and Reporting Child Abuse and Neglect (2 hours)

Participants will define the different types of child abuse and neglect. They will understand their role as a mandated reporter, and learn how to respond to a child who discloses child abuse or neglect.

Core of Knowledge Area: Health Safety and Nutrition (2 Hours) Level Beginner

Reporting Child Abuse and Preventing Bullying (3 hours)

Participants will define "mandated reporter" and "abuse" according to the State of Maryland's definition and develop policies for preventing and reporting child abuse to be included in staff and parent handbooks. Participants will be able to identify signs and symptoms of bullying behaviors and victims' behaviors and strategies to address bullying behavior and assist victims of bullying.

Core of Knowledge Area: Child Development (1 hour) & Health Safety and Nutrition (2 Hours) Level Beginner

SIDS, SUID and Other Sleep-Related Infant Deaths (2 Hours)

As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.

Core of Knowledge Area: Health, Safety & Nutrition (2) Level Beginner

Emergency & Disaster Preparedness (6 Hours)

Develop a comprehensive plan to follow when a disaster occurs. Natural disasters, medical emergencies, technological hazards, and family and community concerns (disgruntled parents, missing children, pandemic flu) will be covered. Ensure that your plan addresses special needs,

notifying parents, sheltering, resources, evacuation and other possibilities.

**Core of Knowledge Area: Health Safety and Nutrition (3 Hours) & Professionalism (3 Hours)
Level Beginner**

Supporting Breastfeeding in Child Care (.5 hour)

Participants will understand regulations that support breastfeeding and best practices for programs to support families in regards to breastfeeding. This class meets the Maryland Child Care Administration training requirements for child care facilities and family child care providers who care for infants and toddlers.

PARTICIPANTS WILL NOT RECEIVE CORE OF KNOWLEDGE HOURS FOR THIS CLASS.

Basic Health & Safety (3 Hours)

This workshop provides basic information about critical health and safety topics for all child care providers to meet the requirement of the proposed licensing regulation regarding training in basic health and safety areas. Key topics include: establishing and maintaining safe and healthy environments; safe practices to prevent and reduce injuries, identification and reporting of abuse or neglect and proper sanitation practices and procedures. Completion of this training does not meet regulatory requirements for specified training in Medication Administration, CPR / First Aid, or Emergency and Disaster Preparedness.

Core of Knowledge Area: Health, Safety & Nutrition (3 hour); Level: Beginner to Advanced

Center Aide Orientation (3 hours)

Participants will be able to identify appropriate interactions between aide and parents and give examples of appropriate workplace professionalism. Participants will be able to demonstrate knowledge of proper child supervision in classroom settings. This class meets the Maryland Child Care Administration training requirements for child care facilities and family child care providers who are new to the field.

Core of Knowledge Area: Professionalism (3 Hours) Level Beginner

Parent Handbook (2 hours)

This workshop is designed to assist programs in meeting the Maryland EXCELS standard. We will review the components of a parent handbook and contract and work together to either create a new document or revise a current one.

Core of Knowledge Area: Curriculum (2 hours); Level Beginner

Biting: When, Why and How to Stop It (3 hours)

Biting is developmental, but a very upsetting behavior for parents and teachers. This training will explore the developmental reasons why some children bite, how to set up an environment to reduce the opportunity for biting to occur and strategies to reduce occurrence.

Core of Knowledge Area: Child Development (1 hour), Curriculum (1 hour) & Health, Safety & Nutrition (1 hour); Level Beginner

Building Resilience in Young Children (3 hours)

In this workshop participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.

Core of Knowledge Area: Child Development (3 hours); Level Beginner

Active Bodies, Active Minds (3 hours)

Early childhood professionals have a unique opportunity to identify and support children with active learning styles early in their education career. Learning styles are identified and participants will be able to identify the characteristics of a child with an active learning style, and learn strategies for incorporating teaching strategies for active learners in the daily routine and lesson plan.

Core of Knowledge Area: Child Development (2 hours) & Curriculum (1 hour)

☆ *Pairs well with a Make & Take!*

Ants in Their Pants: Teaching Children Who Must Move to Learn

Kinesthetic learners are naturally active and have a lot of energy to expend. The ideas and strategies in this workshop will help the child care professional work with and meet the needs of all the children in their care, especially the kinesthetic learner.

Core of Knowledge Area: Curriculum (3 hours)

☆ *Pairs well with a Make & Take!*

Building Strong Teams Through Understanding Personality Types

This training explores the 17 essential qualities of team player, the top 11 reasons why there is a breakdown in teamwork, and then explores the different personalities that make up a team through the lens of Psychogeometrics. Your team will gain new insights into how each team member is “shaped” and this shape causes them to process information and respond to situations in a certain way. Rather than the complicated labels of other personality assessments, Psychogeometrics uses 5 basic shapes to help staff understand each other’s unique personalities and how to best approach and interact with other for team cohesiveness.

Core of Knowledge Area: Professionalism (3 hours)

Building Your Resilience

In this workshop participants will learn how to improve resilience in their personal and professional lives. By improving resilience factors, they will be able to better cope with or recover from change, loss, adversity, and mistakes, as well as have the skills to bounce back from adverse situations.

Core of Knowledge Area: Professionalism (3 hours)

☆ *Pairs well with a Make & Take!*

Capturing Child Development Through Portfolios (3 hours)

Participants will gain an in-depth introduction to what a portfolio is and the purpose it serves for educators. Participants will examine samples of what comprises a portfolio, how to appropriately collect samples and record observations, and resources available to assist with planning based on observations. Participants will gain a greater understanding of the connection between compiling a portfolio and understanding a child’s individual development throughout the course of a year.

Core of Knowledge Area: Child Development (3 Hours); Level Beginner

Classroom Schedules and Transitions: Tricks and Tips to Help Your Day Run Smoothly (3 hours)

Having a great schedule that considers the needs and capabilities of your infants/toddlers/preschoolers can make the difference between great days and no-so-good days. And just as important as a schedule is how to you transition from one activity to another. The training empowers teachers to create schedules that will get the most out of their day and the most out of the children in their care.

Core of Knowledge Area: Curriculum (3 hours)

☆ *Pairs well with a Make & Take!*

Coloring Outside the Lines (2 hours)

ART is a Verb; not a NOUN! The purpose of ART is to feel, discover, imagine and create. Participants will learn how to meet the NAFCC accreditation standards regarding developmentally appropriate art materials. Strategies will be discussed regarding overcoming challenges, planning activities, and implementation of developmentally appropriate art activities for children.

Core of Knowledge Area: Curriculum (2 Hours); Level Beginner

Conflict Resolution Strategies (3 hours)

This workshop will describe what conflict is. This training will assist participant to identify situations, interactions, experiences, etc. that may lead to conflict. methods to professionally address conflict in the child care environment

Core of Knowledge Area: Professionalism (3 hours)

Connecting Assessment to Curriculum and Instruction (2 or 3 hours)

This workshop explains the assessment-instructional cycle. Participants will leave with an understanding of how to assess children, analyze the data and make modifications to the curriculum to meet the learning needs of all children.

Core of Knowledge Area: Child Development (2 Hours); Level Intermediate* DIRECTOR ONLY

Core of Knowledge Area: Child Development (3 Hours); Level Intermediate* STAFF ONLY

Creating a Compassionate Classroom: Bullying (3 hours)

Creating a caring early childhood environment reduces the need for children to assert themselves through negative behavior such as teasing and bullying. Early childhood professionals can address this behavior before it takes root and grows. This training is a guide to help make early childhood program safe and caring environments where all children feel welcome, accepted and respected.

Core of Knowledge Area: Child Development (1 hour) & Community (2 hours)

Developmentally Appropriate Practice: Recognizing the Essentials

This training teaches child care teaches the essentials Developmentally Appropriate Practice (known as DAP) so that teachers can use knowledge about child development to create a program that is suitable for the age and stage of development of their children in their group. It covers the 5 essentials of DAP which are age appropriateness, individual appropriateness, child-guided and teacher guided experiences, cultural and social responsiveness, and play.

Core of Knowledge Area: Curriculum (3 hours)

☆ *Pairs well with a Make & Take!*

Developmentally Appropriate Supervision (3 hours)

Participant will be able to describe the term supervision based upon COMAR Regulations, NAEYC's best practices and identify strategies for both indoor and outdoor environments that allow for proper supervision at all times. Participant will determine appropriate interactions with children through active monitoring will ensure safety and maximize learning.

Core of Knowledge Area: Child Development (3 Hours); Level Beginner

Exploring Scientific Thinking and Inquiry with Children's Literature (3 hours)

Literature is an ideal vehicle to help young children learn about the world and all that lives in it.

This workshop explores the many ways of creating a classroom environment that stimulates scientific thinking and inquiry through preparing fun science activities based on children's literature.

Core of Knowledge Area: Curriculum (3 hours); Level Beginner

Family and Community Partnerships (3 hours)

Participants will explore the goal of parent and family engagement and strategies to create respectful partnerships. Participants will examine beliefs systems to create common understanding between provider and family.

Core of Knowledge Area: Community (3 Hours); Level Beginner

Get Up, Get Out! Preschoolers in Motion (3 hours)

Have you struggled with implementing physical education activities in your early childhood program? Join us for an interactive workshop, Get Up, Get Out! Preschoolers in Motion. In this workshop, we will introduce you to the SPARK (Sports, Play and Active Recreation for Kids) curriculum, while learning strategies and implementation tips for integrating structured vigorous activities into your program. Participants should come prepared for a full hour of physical activity during this workshop by dressing in comfortable clothes and shoes. Participants will leave inspired and motivated to implement an exciting physical education atmosphere to their early childhood program.

Core of Knowledge Area: Curriculum (3 Hours); Level Beginner

Healthy Beginnings (12 hours)

Module 1 (6 hours)

Participants will identify the developmental needs of infants and toddlers. Participants will be able to describe basic assumptions of child development and define a "responsive caregiving." Participants will also be able to identify key features of "Healthy Beginnings" and determine how it can be used in an early childhood setting.

Core of Knowledge Area: Community (1 hour), Professional (1.5 hours) Curriculum (1.5 hours) & Child Development (2 hours); Level Beginner to Intermediate

Module 2 (6 hours)

Participants will identify elements of the environment that support responsive caregiving and create activities that support infant toddler development. Participants will be able to describe ways in which Healthy Beginnings can be used to plan and assess for infants and toddlers. Participants will identify strategies for communicating with and supporting families.

Core of Knowledge Area: Community (2 hours), Curriculum (3 hours) & Special Needs (1 hour); Level Beginner to Intermediate

Helping Children Cope: Recognizing and Responding to Childhood Trauma

When a disaster or traumatic event occurs, such as a natural disaster or violent act, whether accidental or intentional, it can be stressful for people of all ages. Children tend to react to disaster and traumatic events based on their past experiences and what they know of the current situation. Participants will learn how to help children cope with trauma and how to respond to children who have experienced trauma.

Core of Knowledge Area: Child Development (3 hours)

Introduction to Healthy Beginnings (6 Hours)

Module 1 (3 hours)

Participants will identify the developmental needs of infants and toddlers. Participants will be able to describe basic assumptions of child development and define a “responsive caregiving.” Participants will also be able to identify key features of “Healthy Beginnings” and determine how it can be used in an early childhood setting.

PARTICIPANTS WILL ONLY RECEIVE CORE OF KNOWLEDGE AFTER COMPLETION OF MODULE 2

Module 2 (3 hours)

Participants will identify elements of the environment that support responsive caregiving and create activities that support infant toddler development. Participants will be able to describe ways in which Healthy Beginnings can be used to plan and assess for infants and toddlers. Participants will identify strategies for communicating with and supporting families.

Core of Knowledge Area: Community (2 hour), Curriculum (2 hours), Child Development (1 hour) & Professionalism (1 hour); Level Beginner

Indoor & Outdoor Nature Based Learning for Infants & Toddlers

Long before electronic toys, LEGOS or even stuffed animals, infants and toddlers learned in and from their natural environment – nature! There is an unending list of items to see, touch, feel, hear, climb and explore in nature, contributing to learning in every early childhood domain. This training will identify Howard Gardner’s Multiple Intelligence “Naturalist” and ways in which Infant and Toddler programs can incorporate developmentally appropriate play based nature experiences in their indoor and outdoor environments. Participants will gain skills, strategies and techniques for implementing natural STEAM in developmentally appropriate ways for infants and toddlers.

Core of Knowledge Area: Curriculum (3 hours)

Lego ® ON: Building Your Preschooler One Colorful Brick at a Time

This competent level training will provide fun strategies for participants to implement into their programs involving Legos across all learning domains. Participants will learn that Legos are not just for building objects, but are for building essential skills that will help their children succeed. Pre-requisite knowledge and application of intentionally using play as the foundation for learning and development in all domains is required.

Core of Knowledge Area: Curriculum (3 hours); Level Intermediate

Lessons to be Learned from the Bowerbird and Nature (3 hours)

Nature lends itself to being a model for beautiful environments in which children can develop positive memories and scaffold their learning. Learn how one of nature’s creatures, the bowerbird can inspire you to create a beautiful and captivating classroom environment that honors the child, builds classroom community and meets the needs of all children.

Core of Knowledge Area: Curriculum (3 hours); Level Beginner

Lively Arts for Preschoolers

The Arts is more than drawing and painting, they are a variety of mediums that enable young children to express themselves in unique ways through dance, movement, singing, drawing, painting and so much more. The Arts offer children whole body experiences enabling them to share their unique self.

Core of Knowledge Area: Curriculum (3 hours)

Marvelous Math

This training will provides early care and education professionals the opportunity to learn different math strategies and activities to use in their classroom. This training is based on the Early Learning Assessment math domain.

Core of Knowledge Area: Curriculum (3 hours)

Mindfulness and Yoga for Young Children and Adults (3 hours)

The child care professional will become aware of how to use yoga and mindfulness in their program. Please dress comfortably for this training as we will be doing simple yoga poses.

Core of Knowledge Area: Child Development (2 hours) and Professional (1 hour); Competent

☆ *Pairs well with a Make & Take!*

Planning Yoga Experiences for Early Childhood Classrooms (3 hours)

The yoga time created with the children in your program will provide a special and safe place that encourages compassion and connectedness.

Core of Knowledge Area: Curriculum (3 hours); Level Intermediate

A Play on Literacy (2 hours)

A Play on Literacy discusses the literacy developmental milestones for ages 6 months through 5 years. It is an in depth training on how to implement literacy into the classroom environment for more meaningful activities, and how to assess children's literacy development. It also includes information on how to implement adaptations for children with disabilities.

Core of Knowledge Area: Curriculum (2 hours); Level Intermediate

☆ *Pairs well with a Make & Take!*

Positive Words for Positive Actions

Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.

Core of Knowledge Area: Child Development (3 hours)

Program for Infant Toddler Care**Becoming Aware of Cultural Issues (2 Hours)**

Children will develop a sense of who they are and what is important within the context of culture. Whether at home or in child care, caregivers play a significant role as transmitters of culture. In this class, participants will think about what culture means and become more aware of their own culture. Cultural sensitivity begins with an awareness of early experiences and their influence on our current values and behavior.

Core of Knowledge Area: Community (1 hour) & Professionalism (1 hour)

Supporting Culturally Diverse Family (2 Hours)

Cultural diversity enriches child care programs. At the same time it challenges caregivers to provide culturally sensitive care to each child and family served. In this class, participants will consider the ways in which they can support culturally diverse families within the child care setting and identify some of the cultural differences they experience on a day-to-day basis.

Core of Knowledge Area: Community (1 hour) & Professionalism (1 hour)

Language in the Multicultural Child Care Setting (2 Hours)

Children's feelings of security and self-esteem are deeply embedded in a positive identification with their own family and culture of origin. A positive identification with their own family and culture in infants and toddlers is best supported when the child's primary caregiver shares the culture and language of the child's family. Caregivers from cultures different than that of the child's family must find other ways to support the cultural and family identity. In this class, participants will explore the challenges of meeting the needs of infants and toddlers in a culturally and linguistically-diverse child care setting. Participants will examine their own caregiving practices and attitudes in relation to caring for children from homes where mainstream English is not spoken.

Core of Knowledge Area: Community (1 hour) & Professionalism (1 hour)

Routines and Cultures (2 Hours)

Cultural values are embedded in everyday routines of caregiving. Caregivers have a profound effect on the development of infants and toddlers because they engage in basic activities, toileting, feeding, and napping. In this class, participants will consider these three routines and how culture influences each of them. Participants will have the opportunity to expand their understanding of what is comfortable for them and how different cultures treat these routines.

Core of Knowledge Area: Curriculum (1 hour) & Child Development (1 hour)

Culture, Development, and Learning (2 Hours)

A caregiving environment that is in harmony with the home culture provides children with clear messages about who they are. Children acquire this knowledge most easily through the ways in which everyday routines and activities are conducted. Participants will examine specific ways that culture influences development and that child care practices reflect cultural beliefs.

Core of Knowledge Area: Curriculum (1 hour) & Child Development (1 hour)

Promoting Social Emotional Competence: Teaching for Success (2 hours)

From this training, participants gain an understanding of resiliency, and the important role attachment plays in helping children. Participants will learn factors that contribute to the formation of attachment relationships and discover intervention strategies that can be used to promote resiliency in children.

Core of Knowledge Area: Child Development (2 hours)

☆ *Pairs well with a Make & Take!*

Schedules and Routines (2 hours)

Participants will gain an understanding of the importance of daily schedules and routines on Child Development, enhance skills needed to develop and implement high-quality daily schedules and routines in their classroom, and learn strategies to effectively transition from one activity to another. Please bring a copy of current schedule to training.

Core of Knowledge Area: Curriculum (2 hours); Level Beginner

A Sense of Place: Human Geography in the Early Childhood Classroom (2 hours)

Developing a sense of place through geographic experiences helps build the social and emotional foundation children need and will one day use as adults.

Core of Knowledge Area: Curriculum (2 hours)

Sensory Play for Infants and Toddlers

Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and Toddlers.

Core of Knowledge Area: Curriculum (2 hours)**Science, Technology, Engineering and Math (STEM) in the Early Childhood Program:****Discover STEM (2 hours)**

STEM focuses on student's engagement and skills from the earliest grades in science, math and technology to help foster interest for their later school years and careers. The ultimate goal is to grow the proficiency level of students in sciences and mathematics. This workshop introduces participants to STEM and its importance as well as relevance in early childhood programs

Core of Knowledge Area: Curriculum (2 hours), Level Beginner**It's the Questions Not the Answers (2 hours)**

Participants will learn how to encourage STEM learning and foster children's innate curiosity by using the Inquiry Teaching Model. Providers will reflect on what they are already doing and how they can increase their language and ability to support children with STEM learning.

Core of Knowledge Area: Curriculum (2 hours), Level Beginner**Infuse STEM in your Program (2 hours)**

Participants will discover how to become more intentional about what they are doing. They will discuss indicators of effective curriculum and learn simple guidelines for infusing STEM in their child care program.

Core of Knowledge Area: Curriculum (2 hours), Level Beginner**Supporting STEM through Play (2 hours)**

Participants will learn how to support STEM learning by creating environments that provide opportunities for children to explore, create, and question during play. Participants will identify developmentally appropriate STEM learning activities using several Hatch Early Learning STEM Kits as well as discover ways to use materials already available in their programs.

Core of Knowledge Area: Curriculum (2 hours), Level Beginner**Infant and Toddler STEM (2 hours)**

From birth children are inquisitive. You can nurture early science, technology, engineering and math (STEM) concepts and skills through daily routines and play and exploration activities that you provide for the babies and children in your program. By talking, reading, singing, playing, signing, or using other ways to communicate – whatever works best for your infants and toddlers – you can help them purposefully develop STEM skills

Core of Knowledge Area: Curriculum (2 hours), Level Beginner**Social Studies All Around Me**

During this training, providers will recognize that Social Studies concepts and activities are all around them for use in daily learning. Participants will learn how to teach civics, history, geography, and economics on the preschool and school age levels in a developmentally appropriate

way.

Core of Knowledge Area: Curriculum (3 hours)

Stranger Danger (2 hours)

This workshop will focus on teaching children about personal safety and the many ways strangers access children: outside, at home and online. It will also delve into tips and skills to keep children safe from strangers.

Core of Knowledge Area: Health, Safety and Nutrition (2 hours); Level Beginner

Terrific Twos

The two year old is full of wonder and curiosity. They are beginning to show signs of independence. This workshop takes a look at the two year and how the environment as the “third teacher” can help terrific two year olds growth.

Core of Knowledge Area: Curriculum (3 hours)

☆ *Pairs well with a Make & Take!*

Toilet Training: Catching the Cues of the Potty Dance (2 hours)

This workshop is designed to address challenges of toilet training in a child care program. We'll discuss developmental readiness vs. the readiness of the adult. Learn sure fire potty training including celebrating and the power of peer pressure.

Core of Knowledge Area: Child Development (2 hours)

Using Storytelling to Enhance Children's Development (3 hours)

Storytelling is an integral part of our lives. We can enhance communication and encourage language development by expanding our capacity to tell stories. In this workshop, providers will learn the five essential elements of a story and how they implement these practices into their family child care or child care center.

Core of Knowledge Area: Curriculum (3 hours)

What's In Their Backpack: The Impact of Trauma

This engaging workshop discusses the affects and impact that trauma can have on the brain. It not only affects children in the moment, but throughout life if gone untreated. By understanding the effects of trauma on the brain, we can gain insight into children's behavior.

Core of Knowledge Area: Child Development (3 hours)

You've Got a Friend: Teaching Friendship Skills

Throughout the day, children learn to share, solve problems and collaborate. They also build friendships that promote positive social and emotional development. These skills don't all come naturally, however, and some children have difficulty interacting with their peers and building friendships. By teaching children appropriate social skills and creating opportunities for children to practice these skills, teachers can improve all children's social behaviors potentially for a lifetime. This workshop uses CSEFEL based tools and strategies to help providers teach these important skills to the children in their care.

Core of Knowledge Area: Child Development (1 Hour) & Curriculum (2 hours)